



The Many Uses of Cannabis / Hemp

For thousands of years the hemp or cannabis plant was the largest agricultural crop in the world, providing us with many of our needs. Cannabis was used to produce paper, Bibles, maps and charts, ropes and sails, clothes, footwear, fuel and many other commodities. It was used commonly as a treatment to many ailments as well as a relaxant. Contrary to popular opinion that cannabis was mainly used in the East, it was so well known under the name of hemp or 'hempe' throughout England in the seventeenth century that Culpeper wrote in his herbal that there was no need to describe it as every good housewife knew the plant so well.

The **RELAXANT** properties of cannabis reside mainly in the sticky resinous product found most abundantly in the flowering tops of the female plant. The main psychoactive compound is Tetrahydrocannabinol (THC)

The **SEED** of the hemp plant is an excellent food and source of oil. Hemp seeds produce oil for cooking or for lubrication. The seed when eaten is cholesterol-lowering and full of protein.

The **FIBRE STRANDS** can be spun into thread and used to make rope or woven into durable, high quality textiles. These in turn are used to make clothes, sails, linens and fabrics of all types.

The **HURDS** or pieces of the stalk left after the fibre is removed, is 77% cellulose. This can be used to make dioxin-free paper, packing materials, non-toxic paints and lacquers, industrial fabrication materials such as plastics and chipboard and even bricks.

The **LEAVES** have use as a recreational and medicinal ameliorant. They can also be eaten as a salad vegetable.

The **ROOTS** play an important part in soil conservation and reclamation, preventing erosion and mudslides. Boiled and made into a poultice, cannabis roots can ease the pain of arthritis and sprains.

As a **THERAPEUTIC MEDICINE**, both as a preventative measure and cure, cannabis was used for many thousands of years at least since the time of the Ancient Chinese and Ancient Egyptians. Although these medicinal properties have been denied by international treaty, cannabis is still used by many millions of people to relieve their suffering. The range of ailments often eased by smoking cannabis includes Multiple Sclerosis and spasms associated with spasticity, glaucoma, appetite stimulation in AIDS patients, epilepsy, nausea associated particularly with cancer patients undergoing chemotherapy, spinal injury, menstrual pains and childbirth, asthma, depression, migraine, drug addiction and alcoholism, stress, insomnia and even herpes.

The **WHOLE PLANT** is an extremely valuable source of BIOMASS for the production (through a process of controlled decomposition) of pollution-free fuels. These fuels can be used to power everything from generators and domestic heating to motor cars and jet planes. It could be grown locally and easily, almost anywhere in the world, this creating jobs and giving many people independence from the massive petroleum and nuclear industries. It has been said that the present day profiteering by these companies creates the single-most barrier to legalisation and liberation of the cannabis hemp plant.

Although the Legalise Cannabis Alliance is seen as a single-issue party, my interest in representing you goes much further than cannabis.

This is a chance to make real changes in local Government.

Please write or e-mail me for further information, or if you have any questions.

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A VOTE FOR CANNABIS IS A VOTE FOR A BETTER WORLD

**ELECTION COMMUNICATION
UNIVERSITY WARD, NORWICH
THURSDAY, 10 JUNE**

*Time to
make a
change*



*Time to
make a
difference*

**Standing for:
UTILISE HEMP
CUT DOWN POLLUTION
REDUCE CRIME
OPEN EDUCATION
GRANTS NOT FEES
IMPROVE PUBLIC TRANSPORT
FREE HOSPITAL TRANSPORT
CLEAN THE STREETS
SOLVE PARKING PROBLEMS**

**By giving me
ONE OF YOUR THREE VOTES
in the Council elections on June 10th,
you will help me get elected.
If elected, I will strive to represent
the people of the University ward,
students and all others alike,
to work towards
bettering our lives in Norwich.**



**VOTE
for
ALUN BUFFRY**



**your
LEGALISE CANNABIS ALLIANCE CANDIDATE**

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My name is Alun Buffry. I am 54-years-old and a graduate in Chemistry from UEA (1971). I am an author and www publisher.

I am not standing for legalisation just so I can smoke it!

The re-introduction of hemp into our economy and the legalisation of cannabis, is not simply an alternative, but an absolute necessity. I believe that to do that we need to replace the politicians by people who care enough to stand up for our Rights to live peaceful, safe and varied lives, without having to spend most of our hard-earned cash increasing the massive wealth of the few! I believe that the LCA party offers me a chance to do that.

It is time to move away from huge political parties and elect representatives that will put first the people and the environment.

We pay the wages and expenses of successive governments run by political parties. They seem to pay more heed to big business and George Bush than they do the young, the elderly, the sick or the students! I want to try to help change that!

I am standing for legalisation because I know it offers a solution!

CANNABIS (AKA HEMP) OFFERS A SOLUTION TO MANY PROBLEMS – IT’S MORE THAN JUST A SMOKE.

Don’t let the word “cannabis” put you off – it’s a plant!

Cannabis (aka hemp) offers us genuine benefits at little risk or cost – from cheaper medicine to non-polluting fuels for our cars and buses. Using hemp for paper and plastic will cut down on pollution and improve the air we breathe.

Local cultivation of cannabis crops would boost the local economy and create jobs. It will give us freedom from the big companies that make huge profits and often create massive pollution problems.

And this can be done even without legalisation!

Legalisation itself would help sever the connection between cannabis and hard drugs. It would save billions of pounds annually on police and court costs. Profits would be taxable, releasing money back into society.

The establishment of legal cannabis cafes or private clubs would keep consumption off the streets and away from children. It would give the same level of protection to law-abiding cannabis consumers as law-abiding drinkers. So it is a local issue too.

A vote for cannabis now will help make this more than just a pipe dream!



PROPOSALS FOR CANNABIS

That cannabis and cannabis products should be removed from the UK Misuse of Drugs Act, thereby being legalised.

That the possession, cultivation and use of pure cannabis and cannabis products be free from prosecution.

That cannabis be re-introduced into our society.

That high priority be given to the cultivation of cannabis for the express purpose of the localised production of virtually cost-free fuels through the process of pyrolysis on cannabis biomass, and as a source of fibre and hurd.

That provision be made to enable the setting up of public establishments where the use of cannabis is permitted.

That provision be made to enable the setting up of outlets for the legal supply of cannabis.

That the same level of protection be given to the cannabis consumer as is to those who consume other commodities—quality, weights and measures etc.

That all prisoners presently held only on cannabis convictions or charges be released from custody without delay and that all criminal records for cannabis offences be expunged

